



MONASTIC ACADEMY

FOR THE PRESERVATION OF LIFE ON EARTH

SEATTLE POP-UP MONASTERY



2025 Pop-Up Monastery Overview

This summer, the Monastic Academy will be sharing its offerings on the West Coast with month-long residential training centers in Seattle and the Bay Area — two hubs at the forefront of emerging technology.

MAPLE trainees and Head Teacher Soryu Forall will be running these “pop-up monasteries” consisting of meditation and chanting, community meals and co-working, and talks and discussions at the intersection of Buddhism and artificial intelligence.

MAPLE Seattle will run from June 16-July 14 and MAPLE Bay Area will run from August 12-September 9. Scroll below or [open the shared calendar for MAPLE Seattle](#) to learn more about the daily schedule and venue logistics. All activities in the daily schedule are open to the public on a drop-in basis, though we’d love to know if you plan on attending events through an email to bodhi@monasticacademy.org.



An Innovative Approach to Scaling the Dharma

The pop-up monastery is the Monastic Academy's latest innovation in how we are scaling the Dharma for the digital age. For years MAPLE has offered world-class modern monastic training in Vermont and traveled the country sharing its teachings.

While the speaking engagements, events, and meetings with conscious tech leaders have been fruitful, we have learned that there is only so much that can happen in a few hours together — especially when the gathering is not held within an existing communal field infused with a culture of deep practice. However, when this kind of spiritual container is created, even a single meal, dialogue, or meditation can have a profound impact, let alone several days or weeks together.

This is an excellent opportunity to get to know our community, deepen your practice, and join our efforts to meet this moment in time with wisdom and compassion. We hope you can join us, and if you know others who may be interested, please share the word.

If you have any questions, please reach out to MAPLE West Coast Manager, Bodhi, at bodhi@monasticacademy.org.

Want to know more about a day-in-the-life at MAPLE Seattle?
Scroll below for schedule and venue details.



A Day-in-the-Life at MAPLE Seattle

Mon, Wed, Thurs, Fri, Sun

13013 31st Ave NE, Seattle, WA 98125

6:00 AM	Buddhist Chanting*
6:30 AM	Meditation
7:00 AM	Meditation / Personal Instruction
7:45 AM	Movement
8:00 AM	Community Breakfast
8:30 AM	Co-Working
1:00 PM	Self-Serve Lunch
2:00 PM	Co-Working / Self-Practice / Exercise
5:30 PM	Class and Curry
6:30 PM	Talk and Q&A
8:00 PM	Meditation / Personal Instruction
9:30 PM	Buddhist Chanting

**All activities are held on a drop-in basis. Come for a talk, meal, or meditation, or immerse yourself for days or weeks at a time.*

A Day-in-the-Life at MAPLE Seattle

Saturdays

13013 31st Ave NE, Seattle, WA 98125

6:00 AM	Buddhist Chanting
6:30 AM	Meditation
7:00 AM	Meditation / Personal Instruction
7:45 AM	Movement
9:00 AM	Class & Community Breakfast
10:00 AM	Talk and Q&A
1:00 PM	Self-Serve Lunch
2:00 PM	Co-Working / Self-Practice / Exercise
7:00 PM	Meditation / Personal Instruction
8:30 PM	Buddhist Chanting

**All activities are held on a drop-in basis. Come for a talk, meal, or meditation, or immerse yourself for days or weeks at a time.*

July 3-7 Weekend Meditation Intensive

13013 31st Ave NE, Seattle, WA 98125

From July 3 - July 7, we will facilitate a weekend meditation intensive. This is an excellent opportunity to advance your spiritual practice with the support of an experienced teacher and dedicated group of practitioners.

Those not fully participating in the advance can drop in for the morning or evening blocks below.

6:00 AM	Buddhist Chanting
6:30 AM	Meditation
7:00 AM	Meditation / Personal Instruction
8:00 AM	Silent Meal
8:30 AM	Guided Meditation and Q&A
9:30 AM	Meditation
5:30 PM	Silent Meal / Study
6:00 PM	Meditation
6:30 PM	Dharma Talk
8:00 PM	Meditation / Personal Instruction
9:00 PM	Buddhist Chanting

Maintaining a Fragrance-Free Space

To care for those with severe allergies, please refrain from using products containing the words "fragrance" or "parfum" in the ingredients as far in advance as possible leading up to your visit.

Thank you for caring for our community in this way and we hope to see you soon.